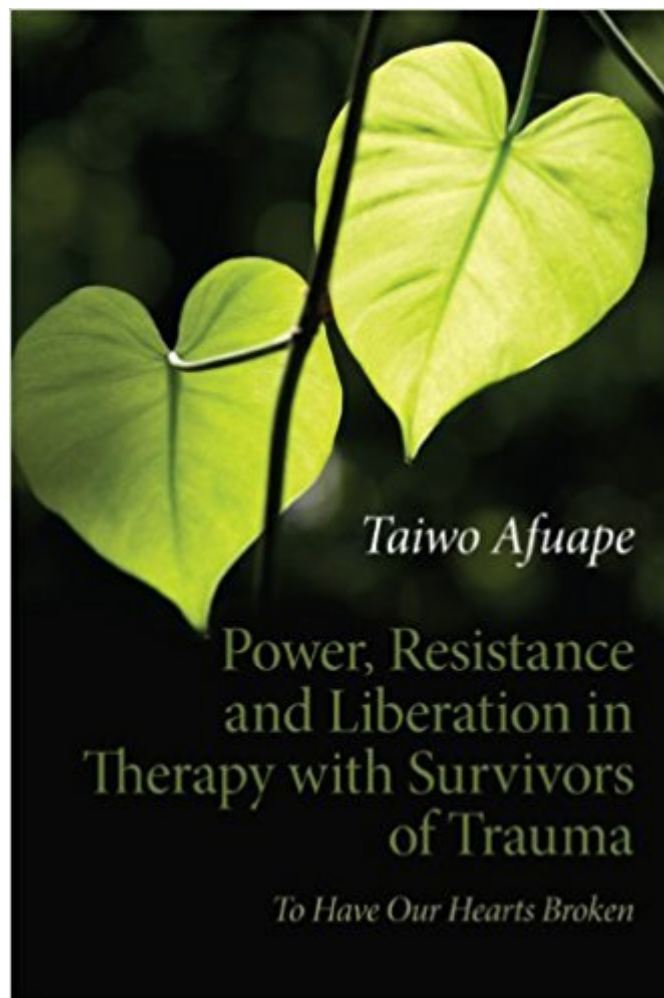




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# Power, Resistance And Liberation In Therapy With Survivors Of Trauma: To Have Our Hearts Broken



## Synopsis

This book offers reflections on how liberation might be experienced by clients as a result of the therapeutic relationship. It explores how power and resistance—might be—most effectively and ethically understood and utilised in clinical practice with survivors of trauma. *Power, Resistance and Liberation in Therapy with Survivors of Trauma* draws together narrative therapy, Coordinated Management of Meaning (CMM) and liberation psychology approaches. It critically reviews each approach and demonstrates what each contributes to the other as well as how to draw them together in a coherent way. The book presents: an original take on CMM through the lenses of power and resistance a new way of thinking about resistance in life and therapy, using the metaphor of creativity numerous case examples to support strong theory-practice links. Through the exploration of power, resistance and liberation in therapy, this book presents innovative ways of conceptualising these issues. As such it will be of interest to anyone in the mental health fields of therapy, counselling, social work or critical psychology, regardless of their preferred model. It will also appeal to those interested in a socio-political contextual analysis of complex human experience.

## Book Information

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## Customer Reviews

Probably one of the best books on social justice, psychology and social work that's out there! Her ideas and chapters when melded together are a Revolutionary way to look at the world of social work. Why is it that those who innovate in this are always from the UK? Seems like an openness that American psychology theorists seem to lack. This was required reading for our Social Work program at USC and I'm so grateful for this.

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